



📅 **Tuesday, September 24, 2024**

🕒 **6:30–8PM EST**

📍 **314 W. 9th Street, Ferdinand, IN**

Join local artist Alana Goepfrich for a relaxing and meditative evening while you create an 8”x10” work of art using black marker and watercolor brush pens (that are yours to keep).

Using the meditative drawing process of neurographic art designed by Russian psychologist Pavel Piskarev in 2014, we will draw lines and shapes that resemble neurons. **This technique is believed to be a way to link your conscious and subconscious mind, create new neural pathways, and reduce stress.**

No drawing skills required!

**Class fee:** \$45 (includes supplies)

**Advance registration required.** To reserve your spot, visit our website at [traditionalartstoday.org](http://traditionalartstoday.org), call us at (812) 998-2487, or visit us in Ferdinand.

*Activities are made possible in part by the Indiana Arts Commission, a state agency, and the National Endowment for the Arts, a federal agency.*

*We value inclusion and access for all participants. This class is wheelchair accessible and we are pleased to provide additional reasonable accommodations. Please contact [alexi@traditionalartstoday.org](mailto:alexi@traditionalartstoday.org) to make a reasonable accommodation request. Requests must be submitted 2 weeks in advance of class.*

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**ARTS** *today*  
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Connections

*We are a 501c3 nonprofit dedicated to preserving the traditional arts.*